

PEANUT BUTTER & PUMPKIN DOG TREATS

2 ½ cups whole wheat flour

2 eggs

½ cup canned pure pumpkin (not pumpkin pie filling)

2 tablespoons peanut butter

¾-1 teaspoon cinnamon

Preheat oven to 350 degrees. Mix together the flour, eggs, pumpkin, peanut butter and cinnamon. Add water as needed to help make the dough workable, but the dough should be stiff and dry. Roll the dough out to around 1/8" – ¼" thickness on floured surface and cut out shapes with cookie cutters. Bake for approximately 20-25 minutes on ungreased cookie sheet.

GOOD & CHEESY DOG BISCUITS

- 1 ½ cups whole wheat flour
- 1 ¼ cups grated cheddar cheese (I use fat free)
- 1 stick softened butter or margarine (unsalted)
- ¼ cup of milk (or as needed)

Preheat oven to 375 degrees. Mix all the ingredients, except for milk, in a mixing bowl. Add just enough of the milk to form a ball. Put the “cheese ball” in the fridge to chill for about ½ hour. Roll out dough to a 1/8 “ – ¼” thickness on a lightly floured surface. Cut into shapes (I use cookie cutters). Bake on an ungreased cookie sheet for about 15 minutes or until firm.

BAHAMA MAMAS

1 cup oat flour
1 cup brown rice flour
1 cup unsweetened shredded coconut
1 egg
½ cup peanut butter
¾ cup water

Preheat oven to 350 degrees. Combine all ingredients together and mix thoroughly. Roll into small balls (about 1" in diameter) and place on an ungreased cookie sheet. Press each one down with back of fork to flatten. Bake 18-22 minutes or until edges are golden brown. Let cool completely on a wire rack.